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**PROVIDENCE HEALTH ANNOUNCES 2016 SOCIETY OF ST. LUKE  
HONOREES**

**COLUMBIA, S.C.** – Providence Health inducted three individuals into the prestigious Society of Saint Luke on Friday night. The program was established in 2003 to celebrate and honor physicians and leaders for their distinguished service to patients, their support of the hospitals' mission, and their service to the community. Michael Cameron Foster, MD, Sister Judith Ann Karam, and Chad Rubin, MD are the 2016 honored recipients.

The Society of St. Luke was named in honor of Saint Luke the Evangelist, the patron saint of physicians and surgeons. Every two years, candidates are nominated by employees, fellow physicians and past patients, and then voted upon by committee. Friday's event was the eleventh induction ceremony for this prestigious award.

Here is more information on the three 2016 inductees:

**Michael Cameron Foster, MD**

Through his participation in over fifty-three documented clinical investigations, Michael C. Foster, MD has been impacting cardiovascular medicine for over thirty-six years. Not only has his research contributed to the advancement in treatment of Coronary Artery Disease, but he has also personally provided life changing direction, one-on-one, to individuals suffering from cardiovascular disease.

While Dr. Foster is a leader in his field who has given presentations across the United States and abroad, he makes all who are working with him a valued part of a team. He listens to input and fosters true collaboration when developing a patient's plan of care.

Dr. Foster talks the talk and walks the walk for disease prevention. He served as president of the American Heart Association's South Carolina affiliate, and he himself walked with survivors the at the 2015 AHA Heart Walk. Recently, he attended the 100th birthday of one of Providence's cardiac rehab participants, taking time out of his busy day to show support for those going the extra mile to take care of their heart. When the cardiopulmonary rehab department discussed opening its facility for employees, knowing the value of structured exercise, he was behind the venture 100%.

Dr. Foster served as the chief of the Department of Cardiology, director of Cardiac Rehabilitation, and Medical Director of Cardiovascular Services at Providence, as well as president of the South Carolina Heart Center. He also served as a clinical assistant professor of medicine at the University of South Carolina School of Medicine. Other leadership roles include team cardiologist for the TAVR program at Providence Hospitals, serves as Secretary/Treasurer of the South Carolina Chapter of the American College of Cardiology and serves on the National Board of the Cardiology Advocacy Alliance. Dr. Foster has also served as a medical advisor to multiple medical device companies.

Dr. Foster's current practice at South Carolina Heart Center is focused on the field of complex coronary interventions and structural heart disease. Dr. Foster received his medical degree from Indiana University School of Medicine and internship at Boston University Affiliated Hospitals. He completed residencies at Indiana University Medical Center, University Hospital, and completed his fellowship in cardiology at Tufts University School of Medicine and Boston Veterans Administration Medical Center.

### **Sister Judith Ann Karam, CSA**

Sr. Judith Ann lives the example of the faith-based mission and values for which Providence stands, and her involvement in community activities is of the highest caliber. She has stood by Providence during its greatest challenges and has worked hard to bring Providence to this new time of growth and adventure.

A member of the Sisters of Charity of St. Augustine, Sr. Judith Ann began her health care ministry in 1962. A Fellow in the American College of Healthcare Executives, she has served on health care boards since 1973. In 1998, she became President and CEO of the Sisters of Charity Health System, a position she held until 2013. In that role, she led the sponsored ministries of the Sisters of Charity of St. Augustine, including state-of-the-art acute care hospitals, services to the elderly, grant making foundations, and community outreach ministries including Healthy Learners and Center for Fathers and Families.

In 2013, she was elected as Congregational Leader of the Sisters of Charity of St. Augustine. She currently serves as Chair of CSA Health System Ministries and last June, she became Chair of the Board of the Catholic Health Association of the USA.

Throughout her extensive experience in health care, she has served as CEO of several System hospitals including Providence, developed joint venture hospitals, formed health care partnerships, restructured partnerships, managed financial turnarounds in operations, developed conversion foundations including the Sisters of Charity Foundation of SC, developed a nursing home serving twenty-two Catholic

religious congregations, and lectured on behalf of the uninsured. She has also served on numerous boards over the years. She has been on the Board of Providence Hospitals since 1993, Community involvements include the Midlands Business Council, the American Red Cross Cleveland chapter, University Hospitals of Cleveland, Columbia HCA Healthcare Corporation, the Greater Cleveland Partnership, the Center for Health Affairs in Cleveland, and Walsh University (where she is now is Trustee Emeritus).

She has received numerous awards, including: the Humanitarian Award from the Diversity Center of Northeast Ohio, the Health Legacy Award, the Community Health Champion Award from Care Alliance Health Center, the Order of the Palmetto (the highest civilian award from the State of South Carolina), the Distinguished Service Medal from Walsh University, the Ohio Hospital Association Distinguished Service Award, Crain's Cleveland Business 2001 Women of Note Award, the Distinguished Women in Healthcare Award from the Visiting Nurse Association/Healthcare Monitor, and the Distinguished Alumnus Award from The Ohio State University Health Services Management and Policy. She also received the Pro Ecclesia Et Pontifice honor from Pope Benedict the XVI and the Caritas Award for Service to the Diocese of Charleston, SC from Bishop Robert Baker. She was inducted into the Sigma Beta Delta Walsh University Chapter of the Business Honorary Society, and received an Honorary Degree - Doctor of Humane Letters from Ursuline College of Cleveland.

Sr. Judith Ann received her B.S. in Pharmacy from Duquesne University and M.S. in Hospital and Health Services Administration from The Ohio State University. She has also completed a sabbatical at The American College, Catholic University of Louvain in Belgium.

### **Chad Rubin, MD, FAC/S**

Throughout his career, Chad Rubin, MD, has emphasized the highest standard of quality for health care. A general and vascular surgeon practicing with Providence Surgical Associates, Dr. Rubin developed the General Surgery program at Providence, and provided it with an exemplary endocrine surgery service line, further supported by the conference he established for all who care, in a multidisciplinary way, for these complex patients.

He is also known for his strong support for medical education. Dr. Rubin was heavily involved in the process and participation that allowed third-year medical students come to Providence for their General Surgery rotation. Prior to his involvement, advanced-level medical students did not have this opportunity to gain key surgical experience at Providence on a regular basis.

On a national level, Dr. Rubin has long been involved in the decision process of how patients are taken care of and how physicians are reimbursed through his roles as Chair of the American College of Surgeons General Surgery Coding and Reimbursement Committee, Delegate of the American Medical Association Relative Value Update Committee, and Delegate to the AMA House of Delegates representing the American College of Surgeons. His participation in these and other committees has impacted patients, hospitals, and physicians on a daily basis nationwide.

Dr. Rubin received his undergraduate degree in Microbiology from Southern Illinois University, and his medical degree from Southern Illinois University School of Medicine. He completed his internship and residency at Wake Forest University School of Medicine, and became a Fellow of the American College of Surgeons in 1997. Board certified in General Surgery, he also served as the medical director of the Richland Memorial Hospital Vascular Laboratory.

**About Providence Health:** A part of LifePoint Health, Providence Health is the leading provider of cardiovascular and orthopedic services in the Midlands. Providence is composed of two hospitals, fourteen physician practices, a network of rehabilitation centers, two sleep centers, an imaging and diagnostics lab, a school of cardiac diagnostics and an accredited chest pain center. In total, Providence employs more than 1,800 dedicated staff. Founded in 1938 by the Sisters of Charity of St. Augustine, Providence is known statewide for outstanding clinical quality and compassionate care. The Providence open heart surgery program has consistently ranked in the top 15 percent of open heart programs in the nation. Both orthopedics and cardiac services have received the South Carolina BlueCross BlueShield Blue Distinction Center designation. For more information, visit [YourProvidenceHealth.com](http://YourProvidenceHealth.com).

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